

# School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>	Italian Pasta Bake Homemade garlic bread Tossed salad Sweetcorn Mashed Potatoes  Ice Cream, mandarins & Chocolate sauce	Oven baked Homemade chicken goujons Selection of dipping sauces Garden Peas Tossed Salad Mashed Potato  Swiss Roll & Custard	Roast Loin of Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Oven Roast Potatoes Mashed Potato  Yoghurt & Pineapple	Homemade Cottage Pie Wheaten bread Fresh Sliced Carrots Green beans Mashed Potatoes Gravy  Carrot Cake & Custard	Salmon bites, Beans Tossed Salad Chips Chilli Baby Potatoes  Melon Boat with Yoghurt
<b>WEEK 2</b>	Beef burger in a bap, Tossed salad Baked Beans Mashed Potato  Homemade Rice Pudding & Peaches	Italian Lasagne Crunchy Fresh Coleslaw Garden Peas Selection of salad Homemade Garlic Bread  Homemade Shortbread & water melon	Fresh Breaded Cod Goujons with lemon slice, Tartar Sauce Tossed salad Mushy Peas Mashed Potato  Apple Crumble & Custard	Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced carrots & Parsnip Oven Roast Potato Mashed Potatoes  Rice Krispie Square & Custard	Breaded Chicken Bites Sweetcorn Selection of salads & salsa dip Chips Baked Potato  Jelly Ice-cream & fruit salad
<b>WEEK 3</b>	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato  Chocolate and Orange Sponge & Custard	Breast of chicken curry with boiled rice, naan bread Sweetcorn Tossed Salad  Yoghurt and pineapple	Breaded Cod Fish Fingers Baked Beans Mashed Potato Sweetcorn & peas  Swiss Roll & Custard	Roast Loin of Pork Herb Stuffing, Gravy Fresh Savoy Cabbage Fresh carrot & parsnip Oven Roast Potatoes Mashed Potato  Popcorn cookie and water melon	Hotdog, Sauté Onions Peas Selection of salads Baby boiled potatoes Chips  Ice Cream & Fresh Fruit Salad
<b>WEEK 4</b>	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Tossed salad Mashed potatoes  Jam & Coconut Sponge & Custard	Irish Stew Homemade Wheaten Bread Broccoli Florets Sweetcorn Mashed potatoes  Chocolate Brownie & orange wedges	Roast Breast of Chicken Herb Stuffing, Gravy Cauliflower cheese Fresh Baton Carrots & Turnip Oven Roast Potatoes Mashed Potato  Frozen Strawberry Mousse & Fresh Fruit Salad	Spaghetti Bolognese with Sliced Crusty Baguette Tossed Salad Peas Mashed Potatoes  Flakemeal Biscuit & Fruit salad	Breaded cod fillet Sweetcorn Crunchy Coleslaw Tossed salad Chips Baked Potato  Artic Roll & fruit

*Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily*

*Salad Selection  
Tossed Salad  
Lettuce, Cherry  
Tomato  
Grated Carrots  
Cucumber  
Diced Red Peppers  
Red Onion  
Radish  
Beetroot*

*If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form*

